

Careers Newsletter Term 3 - Week 8

What's coming up?

- What's Outside the Box? Transition Expo Saturday 14th September 2024 (Free)
- Year 12 & 13 Students Are You Looking For Your First Job or Work Experience? (Email Now)
- Gateway with Youthline Wellington Youth Development Programme 2025 (Applications Now Open)
- Outward Bound Teen Courses (Applications Open)
- NZMA National Campus Open Day Wednesday, 23rd October 10 am 1 pm (Register Now)
- Your Education High School Exchanges Online Information Evenings (Register Now)
- Wellington High School Term 3 University Visits 2024 (Refer To Schedule)
- Careers Insight Newsletter September 2024 (Sign up Now)
- Blue Light 100-person Leadership Camp For Year 10 & 11 Students, 25th 30th November 2024 RNZAF Base, Whenuapai, Auckland (Apply Now)
- Wellington High Schools Careers Team (Available Now)



On **Saturday, September 14th 2024**, the annual *What's Outside the Box?* Transition Expo will be taking place. This Expo explores post-secondary school options for disabled rangatahi and their whānau around school and beyond.

This year's event will include stallholders providing information on post-secondary education, supported employment, supported living, community, travel, recreation, and social connections as well as wider support and information. Alongside the information at the Expo stalls, there will be activities to get involved in and various presentations. The event details and link are as follows:

Date: Saturday 14 September **Time:** 10.00 am – 2.30 pm

Venue: Lower Hutt Town Hall, Laings Road

Expo information link: WellAble Disability Information & Equipment Services (well-able.org.nz)

Attention Year 12 & 13 Students - Are You Looking For Your First Job or Work Experience?



Do you need help creating a CV?
Do you want help finding a job?
Do you need help with interview skills?

If the answer to any of these questions is <u>Yes</u> - feel free to contact Denise at ptd@whs.school.nz for help and guidance.





Gateway with Youthline Wellington 2025

Youthline Wellington is excited to inform you that applications for Youthline Wellington's Youth Development Programme (YDP) 2025 are now open!

Applications are via the school Gateway contact Paula Willis, please email wsp@whs.school.nz to express your interest.

Programme info

YDP is a Gateway Programme for year 12 and 13 students in Youth Work. If you are interested in Youth Work, other social sectors or simply supporting people in your community, this is the perfect way to begin your journey! This programme runs outside of the classroom setting and is youth-focused, meaning we always aim to work in ways that suit young people in the programme.

The programme runs on Wednesdays in Terms 2 and 3 with the option to continue into Term 4 to complete a full Level 3 Certificate in Youth Work. We run two groups, one in Wellington Central, and one in Porirua, so you can choose what option you think will work best for you. Sessions run from 1 pm - 3 pm in Porirua and 4 pm - 6 pm in Wellington Central. You can earn 31 Level 3 credits in Youth Work in Terms 2 and 3 and an additional 14 credits if you continue into Term 4 (45 credits total).



What is Outward Bound?

Outward Bound is a non-profit organisation specialising in personal and professional development - we aim to help create better people, better communities, and a better world. People of all ages, cultures, abilities, and backgrounds are welcome at Outward Bound. Located in Anakiwa in the Marlborough Sounds, we help you reach your full potential through challenges in the outdoors. Our classrooms are the mountains, bush and waterways of this beautiful corner of New Zealand.

All Outward Bound courses are designed on these principles:

Learning Through Experience

Learn by doing! Learn more about yourself and others from challenge, success and failure, self-reflection and feedback. All activities are designed to promote learning that can be transferred to home and work.

Adventure and Challenge

Our courses are based on real adventure. You will have experiences that are physically, mentally and emotionally challenging. We will push your limits and help you conquer your fears!

Physical Activities in the Outdoors

All activities involve situations where there are real consequences. Our highly skilled instructors deliver our courses, which will include activities such as Sailing, Kayaking, High ropes, Rock climbing, Solo experience, Tramping, and Physical training. You don't need previous outdoor experience to participate.

Find courage, determination, and instant life-long friends on our adventure-packed courses for teens. https://www.outwardbound.co.nz/courses/course-finder/teen-courses/



Join us for our **NZMA National Open Day** and see what student life is like at NZMA, New Zealand Institute of Sport and The Culinary Collective!

On Wednesday, 23rd October 2024, we will open our doors for you and your students to participate in some awesome activities, get an inside peek at the campus, and talk to our friendly staff and tutors about our courses that will help them advance.

Find out more about what's happening and register your interest in attending.

NZMA - Click Here

NZIS - Click Here

The Culinary Collective - Click Here



What is a High School Exchange?

On a high school exchange, you live in another country for a chosen period, during which you attend a local high school and live with a host family.

You must be between 15 and 18 years old to be eligible for an exchange. The time you will be away can be anything from four weeks to a year. You live your normal life like how you would here in New Zealand - you go to school, catch up with friends and help keep your room tidy (right?). Except in the case of student exchange you do all of this in another country - learning about a new culture and possibly even a new language, living with a new family and hanging out with new friends.

To find out further information about Your Education High School Exchanges - Click Here

Term 3 - University Visits

The purpose of these visits:

- These sessions focus on assisting and advising about Course Planning for 2025.
- You should finish this session with a 'timetable' of subjects/papers for year 1 (2025).

| University | Date & Times | Venue |
|------------|------------------------------------------------------|-------|
| Waikato | Online Presentation (TBC) | M410 |
| Otago | Tuesday, 17th September 2024 | M410 |
| Canterbury | Wednesday, 18th September 2024 | M410 |
| Auckland | Thursday, 19th September 2024 | M410 |
| Victoria | Friday, 20th September 2024 | M410 |
| Lincoln | Online Presentation, Tuesday, 24th September 2024 | M410 |

Careers Insight - September 2024

This is the September Careers Insight newsletter, which includes information for job hunters, parents or caregivers of young people, and educators.

Sign up now: https://www.careers.govt.nz/resources/tools-and-activities/careers-insight-newsletter/



Blue Light 100-person Leadership Camp For Year 10 & 11 Students

We are hosting the 100-Person Blue Light Leadership Camp at the RNZAF Base Auckland Whenuapai from the 25th to the 30th of November 2024.

The programme will centre on a 6-day residential camp covering several aspects of leadership training. This will include confidence building, teamwork, communication, physical activity, and coordination. Participants in this programme can also earn up to 15 Level One NCEA credits. Designed as a five-day, residential camp, young people learn key leadership qualities including:

- Problem-solving
- Vision
- Self-awareness
- Resilience
- Confidence

For more information about Blue Light's Leadership programme and application process please click the link https://bluelight.co.nz/our-programmes/leadership-programmes/

Wellington High School Careers Team

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