



WHS NETBALL 2019

We have an exciting season ahead! Pre-season training starts 11 Feb, with trials 16 & 23 March.



WHĀNAU

Welcome to the WHS netball whānau. You and your whānau are part of making our netball whānau awesome. Like any whānau we work together and support each other to succeed.

EXCELLENCE

To be the best you'll need to give 100% on and off the court. Physical fitness, attitude and commitment will take you to the top.

RESPECT

Show respect with your words and your actions. A great team is built on respect and kindness - between players, family and supporters, coaches, managers, umpires and captains.

ORA

Netball builds hauora, supporting mental, physical and social wellbeing. Netball is a great way to be your best self. Looking after yourself and each other will mean that your team has a fabulous season and that you will get the most out of playing netball.

Important trials information:

- You are expected to attend both trial sessions
- Selectors will be looking at individual skills, movement, fitness and attitude, plus position options and team work
- Selectors will be observing you on and off court from the moment you enter the gym
- Sen A, Sen B, and Jun A play at ASB. To trial for these teams you must be committed to attending x2 team trainings per week, starting after trials
- Sen A and Sen B train as a squad as does Jun A and Jun B
- If you want to play in a social team you still need to attend trials, so get a group together and let us know who you want to play with
- Social teams need to commit to playing every game during the season to avoid WHS being fined for non-attendance. We will pass the fines on to the team members

Committee Members:

Michael Melville Erin Dawson Christine Vaughan Vanessa Miller
Wendy McIntyre Rachel Prebble Maia Grace-Pual

Important dates

All comers weekly training

Starts: Mon 11 Feb 3.30-5pm

Don't forget your drink bottle!

Trials

Junior

Be ready to start on time.

Sat 16 March 9-11.30am

Sat 23 March 9-11.30am

Senior

Sat 16 March 1-3.30pm

Sat 23 March 1.30-3pm



Welcome BBQ

Sat 23 March 11.30-1pm



Get to know the rest of the club!

PRACTICES START

Week of 25 March

SEASON STARTS ON

Sat 27 April

We need your help! There are always heaps of jobs to do.

Social media
Events
Team Managers
Fundraising
Committee

Contact us:

netball@whs.school.nz

Facebook @wellyhighnetball